



Covington Lions Club
Sherman's Last Burning
Annual Festival
&
BBQ Cook-Off



Sponsors *Iron Chef* Rules

All Teams will be given protein

- All Items must be prepared and cooked on site within the timeline to be announced.
- Teams may cook and / or prepare using any method of cook's choice.
- Teams will provide all seasonings, marinades and anything necessary to prepare protein provided.
- Teams may present on or in any platter or tray they choose for turn in. (Platters and trays can be picked up after judging is complete.)
- Teams must attend cook's meeting (time to be announced).
- ***Iron Chef*** contestants will be given guidelines to follow for **Food Safety**.

For further assistance please call Big Jim @ 404-386-2531 or email bareknucklesbbq@yahoo.com with ***Iron Chef*** In the subject line.